



# MARCH



## High School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>P I Z Z A</b>	16" Pizza Cheese, *Pepperoni Buffalo Chicken	16" Pizza Cheese, *Pepperoni Vegetarian Pizza	16" Pizza Cheese, *Pepperoni White Pizza or Mexican Breakfast Pizza	16" Pizza Cheese, *Pepperoni Upside Down Pizza	16" Pizza Cheese, *Pepperoni Buffalo Chicken	<b>Choices of Milk Include</b>  Skim Low-Fat White Chocolate and Strawberry  <b>Choices of Fresh Fruit &amp; Fresh Vegetables</b>
<b>D A S H</b>	Drumsticks with Mac & Cheese or Cobb Salad	Taste of Athens Gyro Bar or Greek Salad and Mediterranean Chicken	General Tso Chicken with Rice & Egg Roll or Pho Vietnamese Noodle Soup	Hot Dog Cart Grilled Beef or Vegan Sausage	Panini Palooza Chicken Tenders with Broccoli Rabe on a Roll or Buffalo Chicken Panini	
<b>D E L I</b>	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus <b>Chef's Special Sandwich</b>	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus <b>Chef's Special Sandwich</b>	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus <b>Chef's Special Sandwich</b>	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus <b>Chef's Special Sandwich</b>	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus <b>Chef's Special Sandwich</b>	
<b>N A C H O</b>	Taco or Nachos with choice of Ground Beef, Diced Chicken, Rice and Beans and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	
<b>G R I L L</b>	Steakhouse Burger with Cheese & Onion Rings or Cheeseburger Chicken Cheesesteak	Royal Chicken Sandwich or Cheeseburger Pizza Steak	French Toast with Sausage or Sausage Egg & Cheese Bagel	Hot & Spicy Chicken with Honey Mustard on a Pretzel Roll or Cheeseburger	Chicken Parmesan Sandwich or The Upper Darby Double or Beef Steak	

Upper Darby School District High School Lunch Menu - All Students Have Access to Lunch at No Cost!!

**CHECK OUT OUR STATION MENU BOARDS FOR SPECIALS OR MENU CHANGES!!**

\*Menu Items Do Not Contain Pork Product EXCEPT Pepperoni Pizza \*  
Menu Subject to Change without Notice

